



Welcome

I warmly welcome you to Sacré Cœur, an Independent Catholic School where young women are inspired and challenged to shape the world.

The transformation of heads, hearts and hands lies at the heart of a Sacré Cœur education. Our holistic approach to educating young women unites academic endeavour with a deep sense of care for each child and strength of community to create the truest expression of the Sacré Cœur way.

Laughter, inclusivity, deep friendships and diverse opportunities are evidenced in the girls' education. Our young women are encouraged to raise their voices and to look outwardly, applying their wisdom and skill. Students at Sacré Cœur feel a palpable sense of belonging and connection to their lived experience, often referring to the School as their second home.

Our dedication to building confident young women with a commitment to academic endeavour and social justice stems from our Sacred Heart tradition, and our founder of the RSCJ, St. Madeleine Sophie Barat.

Madeleine Sophie took a radical stance for women and fought against the dominant beliefs of her time during the French Revolution. She believed that in order for a more just society to emerge, we must lead with unconditional love and celebrate the positive life force in every single person. Once Sophie established the Society of the Sacred Heart of Jesus (RSCJ) in France in 1800, she was committed to educating young women with a strong focus on academia and formation of character.

Over 200 years later, we carry this commitment and community spirit in all we do at Sacré Cœur and beyond.

We are privileged to belong to an international Sacred Heart family of over 150 schools across 41 countries. Our extended international family helps to grow our sense of community as we learn together through diverse opportunities, and engage in programs that support social justice initiatives locally and across the globe.

All Sacred Heart schools share in a mission to discover and reveal the Heart of Jesus through the work of education. This mission of transformative education calls people to realise their true selves and bring about a more just society. Our School motto, *Cor Unum et anima una in corde Jesu* means one heart and one mind in the Heart of Jesus Christ.

We believe our students aspire to share in and model a Cor Unum spirit, and they demonstrate this by finding the heartbeat of Jesus within themselves and in others.

I would be delighted to welcome you to the School so you too can discover the difference a Sacré Cœur education can make to your daughter and family.

Anna Masters

Sacré Cœur Principal

Aug Masters

Sacré Cœur | Welcome



Sacré Cœur's proud history is built on a foundation of our values - faith, community, integrity and kindness. Today, we continue to embrace these values in a contemporary education setting.

VISION

Sacré Cœur Women Shape the World.

PURPOSE

To educate and empower young women to make a profound contribution to the world.

As a Sacred Heart school, we care deeply for each student's total development: spiritual, intellectual, social, emotional and physical. A Sacred Heart education is not only about academic excellence, it is about growth of the whole person. In order to prepare our students for the challenges of the world, their expectations must develop from within.

To shape the growth in every learner at Sacré Cœur, there are four key pillars that guide our contemporary education model: **Agency** gives clarity of purpose as students have the opportunity to make choices for themselves about learning. It is essential for growth and building of independence. **Connection** challenges our students to think beyond themselves and the gates of Sacré Cœur. It gives them the opportunity to shape the world. **Mastery** focuses on quality learning and knowing that all of our students can strive for personal excellence through ongoing practice of skill and knowledge. It is based on the understanding

that challenge can be deeply satisfying and is an essential part of success.

Authenticity, our fourth pillar, is our students' belief that what they are learning is meaningful, that it serves a purpose and has real-world relevance.

On these four pillars, we build a future with our young women, empowering them to make profound contributions to the world.

Our pillars inform our learning and teaching and give us the wisdom to work together to achieve the Five Goals of Sacred Heart Education. Expressed globally by our Sacred Heart school network, the five goals are:

- 1 A Personal and Active Faith in God.
- 2 A Deep Respect for Intellectual Values.
- 3 Building of Community as a Christian Value.
- 4 A Social Awareness that Impels to Action.
- 5 Personal Growth in an Atmosphere of Wise Freedom.

These embody our distinctive Cor Unum spirit and provide a framework for constant reflection, evaluation and growth.

Joigny

Our Junior School is where curiosity and a deep, life-long love of learning develops in each of our students.

Proudly named after the birthplace in France of our Sacred Heart founder, St Madeleine Sophie Barat, Joigny is a stimulating and caring environment for students from Prep to Year 6. Children are naturally enthusiastic and curious, which is why the learning experiences we develop build upon their wonder and innate inquisitiveness.

A Joigny education invites an exploration of learning, where we encourage each student to develop a sense of herself at school as she explores the curriculum in a variety of ways - independently, collaboratively and actively. We focus on her social development and critical and creative thinking, both in and beyond the classroom.

We also understand each student learns in her own way and at her own rate as we meet her individual needs with a differentiated curriculum. Small class sizes enable teachers to develop a very clear understanding of each girl's strengths and challenges. This ensures that every Joigny student is well-known and supported by a team of 10 specialist teachers including their dedicated class teacher. These teachers are specialists in Numeracy, Literacy, French, Physical Education, Visual Arts, Music, Choir, Library and Learning Enhancement.

Our nurturing Joigny teachers also work to instil Sacred Heart values so that our girls know, appreciate and express courage and kindness in the service of others.

Prep to Year 2: The foundation for discovery

Prep to Year 2 is a wonderful time for children to learn through play. Applying their natural curiosity within more formal literacy and numeracy contexts, each student lays a strong foundation for future learning and achievement. Instilling a love of reading, writing and mathematics in our young students is also a true passion of our Joigny teachers.

Learning must always begin from what is known. Our wide-ranging programs are designed upon a deep knowledge and understanding of the needs of young girls, and implemented within a warm and welcoming environment. These programs are designed to nurture young students in ways that are both familiar and new to them.

Years 3 and 4: The courage to go beyond

During the middle primary years, our students expand their horizons, developing their capacity to think creatively and critically from a variety of perspectives. They focus on connecting what they learn with the outside world, and looking beyond themselves to understand the environment, sustainability and other global issues.

As their independence grows, we help to build their confidence, self-esteem and interpersonal skills both within and beyond the classroom through school camp experiences, our diverse curriculum and co-curricular opportunities.

Years 5 and 6: A strong sense of identity for the vital transition years

Year 5 is a key intake year when many new students join us. This transition point provides a great springboard for the further development of personal and interpersonal skills associated with wellbeing. Students stretch themselves to make new social connections, to engage in a broadening co-curricular program and to push themselves physically and academically with like-minded peers.

Leadership and personal growth programs are a key feature at these year levels so the students develop readiness for the challenges of Senior School. Our Prep/Year 5 Buddy program and Year 5 camp provide opportunities for social connection and the practice of personal and interpersonal skills, while Year 6 camp builds their independence and courage through physical 'challenge-by-choice' activities. All Year 6 students also take part in a leadership program where they hold positions of responsibility as committee members for the year. Guided by nurturing staff, students leave Joigny eager to apply their new-found courage in a senior environment.









Academic endeavour and the holistic, personal development of each student are unequivocally at the core of our focus in the Senior School.

Through a carefully planned curriculum and an unwavering commitment to pastoral care and wellbeing, our students' sense of responsibility starts to widen as they learn to push their own boundaries.

Sacré Cœux gare me the confidence to follow what I was passionere about

- Olivia, Sacré Cœur Alumna

Year 7: Widening their world

Transition is at the heart of Year 7. Starting Senior School comes with the opportunity to form new friendships, which is why our classroom curriculum is supported by an experienced-based learning program that focuses on developing social intelligence, self-awareness and confidence. We recognise the importance of peer support networks as these friendships see our students through their school days and beyond. As such, students' social connections are supported through daily school life, where small class sizes help to foster the bonds they form with one another.

Year 7 camp also complements experience-based learning, where skills are learnt and integrated into daily school life. Studying an exciting range of subjects, our Year 7 students recognise the importance of academic rigour and what is needed to continuously improve and grow.

Year 8: Growth through exploration

Experience-based learning continues in Year 8. A significant focus of the year is City Cite – an urban educational experience taking students out of the classroom and into the city where they work in teams in an independent environment to answer a "big question". Students are exposed to the richness of the city from both a human and physical perspective.

Our students also participate in No Place Like Home, which has a cross disciplinary approach. The theme of Home is used as a lens for a broad range of subject areas and links into the City Cite experience. It begins the development of design thinking skills used in Notre Monde, our Year 9 program. Throughout the Year 8 experience, students benefit both personally and academically as they develop empathy, goal-setting, effective communication and leadership.

Year 9: Looking in, looking out

Unique to Sacré Cœur, the Notre Monde Program has been expertly designed to empower Year 9 students to achieve their personal best and truly shape the world.

Notre Monde challenges our young women to think outside the square, extend themselves in areas of interest and consider the big issues facing our world. Based on extensive research into girls' education and data gathered from our community, Notre Monde is the year of continued reflection, self-discovery and academic endeavour. Our students focus on core capabilities such as communication, teamwork, leadership, problem-solving and mindfulness. Learning is collaborative, practical and academically challenging.

Year 10: The year of choice

Year 10 is a time for decision-making as students follow their passions into their final years of school on a path that best fits their talents, interests and goals.

Choosing from a broad range of elective subjects (including some VCE Unit 1 - 2 subjects), our young women begin to develop a clear understanding of future pathways and enjoy new challenges. We also support each student to choose her VCE subjects and carefully plan a careers program, readying her for her final VCE years and ultimately a tertiary education.

Sacré Cœur | Senior



A time of great opportunity

Our students receive the very best in contemporary education with all learning and teaching programs informed by the latest educational research and theory. The personalised support of our skilled teachers helps each VCE student refine her individual strengths so that whatever career path she chooses, she will leave Sacré Cœur as a courageous young woman ready to make the world a better and more just place.

At the heart of the Years 11 and 12 Sacré Cœur curriculum is a wide variety of subject offerings.

Students can choose from Victorian Certificate of Education (VCE) and Vocational Education and Training (VET) subjects that cater to their individual needs and future plans. VET subjects, offered through the Inner Melbourne VET Cluster, give students a range of choice in developing industry-specific knowledge and skills that can contribute towards their VCE.

Our programs at VCE are academically rigorous and challenging; they also build resilience in our young women, preparing them for study pathways beyond Sacré Cœur.

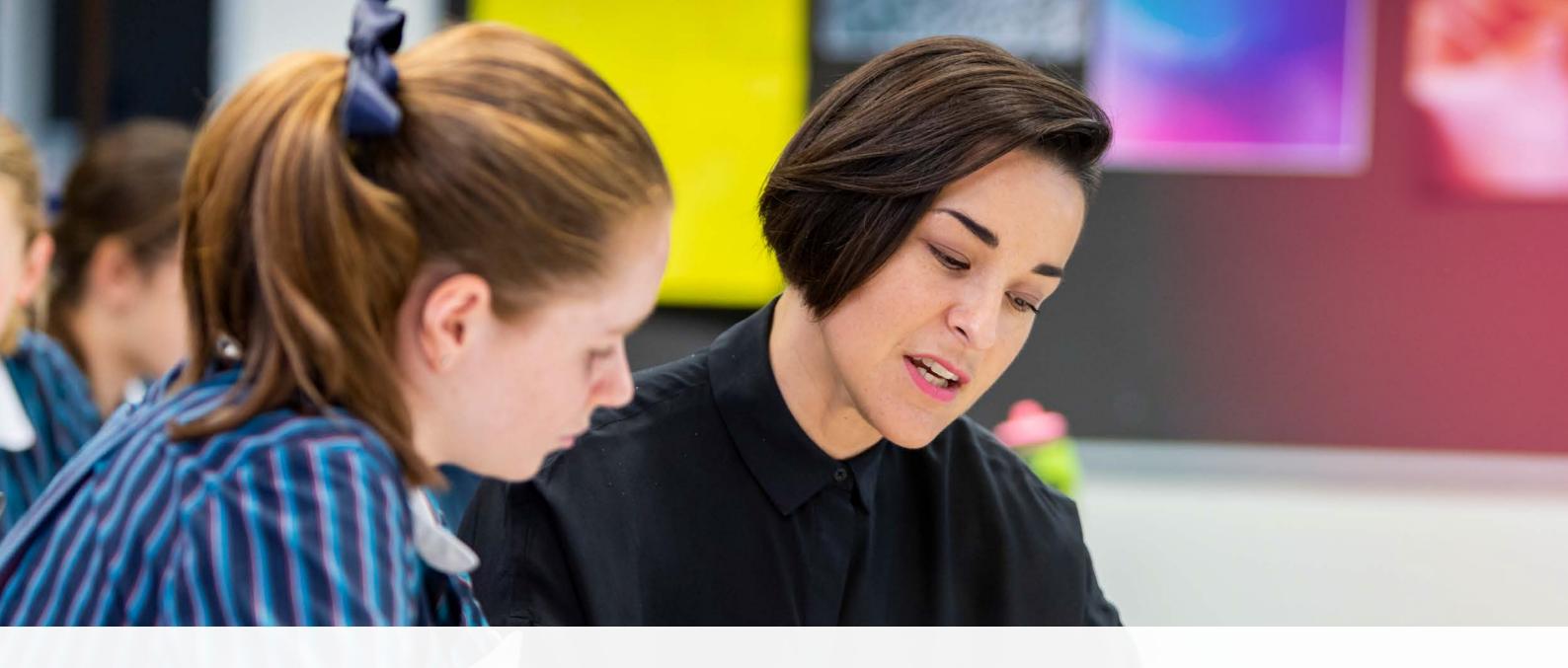
Our skilled and dedicated teachers, many of whom are VCE examination assessors and curriculum experts in their subject areas, foster meaningful connections with each student. As a result, our young women feel known and respected as their academic and wellbeing needs are met. In this trusting, nurturing environment, we see our students flourish and achieve exceptional VCE results.

Fostering future leaders

Leadership opportunities are important for readying our girls to make a profound contribution to the world, and ultimately to shape it.

We hold the fundamental belief that each student can and must have many opportunities to develop leadership skills and traits, regardless of whether they pursue, and are appointed to, a formal leadership role. The size of our school affords our students learning experiences which enable them to lead.

Blue Ribbons are a key position of student leadership at Sacré Cœur. Year 12 students, who are appointed to these positions, are responsible for their specific portfolios, along with fostering the wellbeing of students and promoting a positive sense of community at Sacré Cœur.



Careers Focus

Preparing students for success in their careers is a vital part of our role. With a well-resourced Careers Centre, dedicated expert counsellors and a consistent careers focus, our students become determined to shape their own future.

Careers Programs - Years 9 - 12

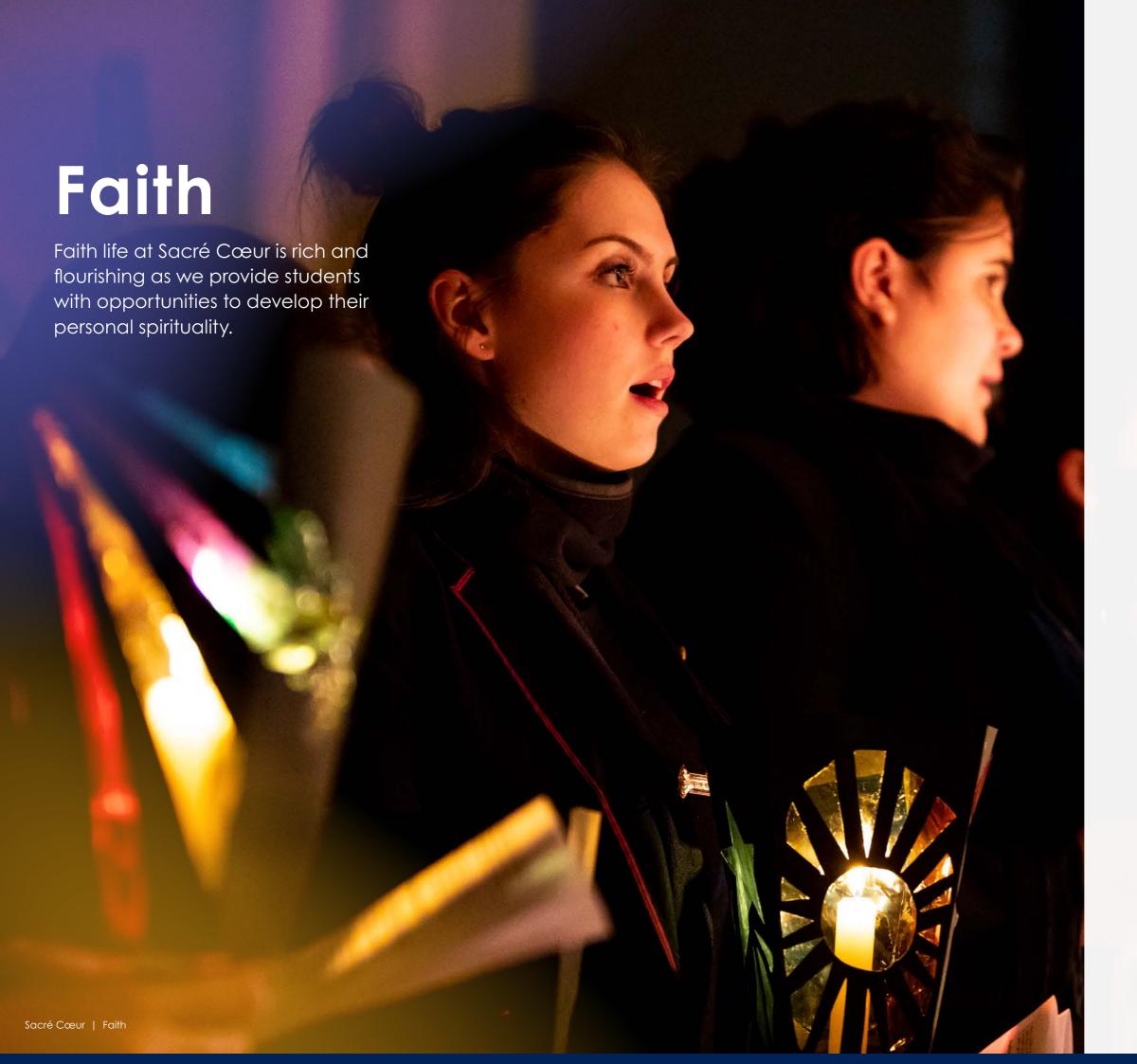
In Year 9, students begin selecting their longer-term subjects and exploring career options. Students are also introduced to the Year 10 Work Experience program, where they begin researching and preparing for exciting placement opportunities.

In Year 10, continued guidance on subject selection and career pathways are a key focus. Work Experience and the development of practical skills in resume writing, interviewing and personal presentation are explored. Career profiling is also undertaken by all students and individual follow-up interviews help guide students in their future choices.

The Year 11 program focuses on creating a personal action plan through research, VCE subject selection counseling, guest speaker programs and attending open days.

Finally, in Year 12, students intensify their preparation for life beyond Sacré Cœur, building a personal portfolio that highlights their transferable skills, capabilities and successes. Preparation also includes tertiary application support, university visits, mentoring from teachers and past students, as well as individual careers counselling throughout the year and after VCE results are published, to prepare senior students thoroughly for life beyond Sacré Cœur.

Sacré Cœur | Careers Focus



The exploration of spirituality is woven through all that we offer our students, both within and beyond the classroom.

Prayer, reflection, silence and contemplation time along with social justice action and immersion opportunities help guide our students to find their spiritual identity and consider the role of spirituality in their everyday lives.

Our Social Justice Programs help students understand different perspectives as they build on their social skills, strength of character and faith. Some of the initiatives include the Friday night tutoring program for recently arrived migrants, food collection for Malvern Emergency Food program, collating Christmas hampers for local charities and immersion in our sister community partnership known as Sophie's Farm.

Sophie's Farm, a RSCJ Mission based in the Philippines, is a philanthropic project where our students engage in regular, transformative work to support local people affected by poverty. The connection Sacré Cœur has with Sophie's Farm is unique amongst Sacred Heart schools as it has been established with a community, not a school. In so many ways, this relationship illustrates the living out of our Sacred Heart goal - A Social Awareness that Impels to Action.

Schoolis a tun par - Isabel, Year 5 Sacré Cœur | Learning Opportunities

Learning Opportunities

We channel our deep respect for a well-rounded education by providing many avenues for students to explore new passions. Through a broad range of Co-Curricular experiences and learning opportunities, our students' love for learning is enhanced at all ages and skill levels.

Performing Arts

Sacré Cœur offers a highly respected Music program that includes a broad choice of ensembles, choirs and private lessons. The School has a rich choral and strings tradition that starts in Joigny and continues into Senior School. We also partner with St Kevin's, De La Salle and Xavier (Kostka Hall) for musical productions and plays.

Learning Enhancement

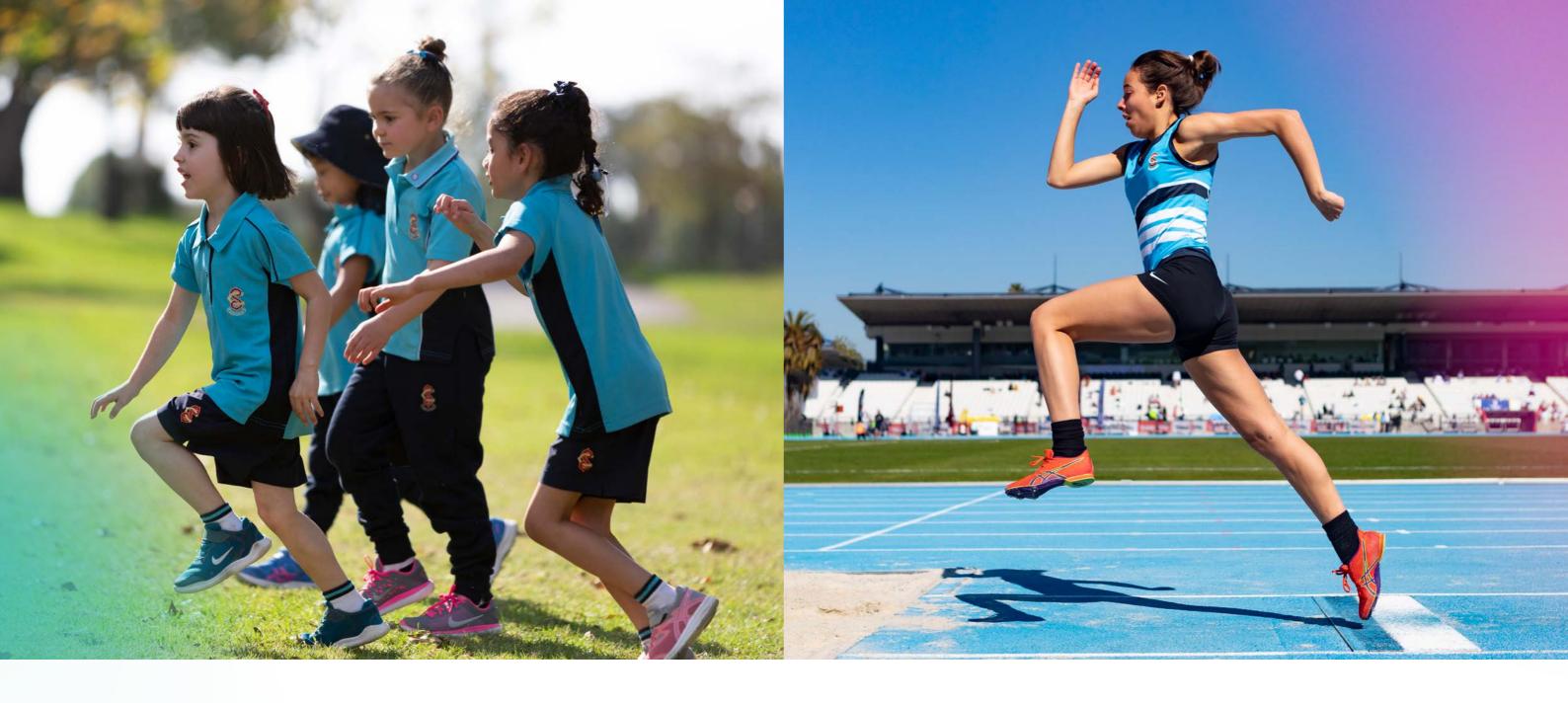
Designed to stimulate and excite learners, thinkers, strivers and dreamers, our Learning Enhancement Centre facilitates greater learning opportunities and ensures the curriculum is accessible by all. It caters to both highly capable students as well as students with specific learning support needs.

Formal academic extension opportunities are offered at all Year Levels, from academic enrichment during the Joigny years through to subject acceleration in Years 10 and 11.

External Programs

Specialised activities outside of the School help our students realise their full potential. Many of our students participate in activities such as robotics challenges, university forums and lectures. We also encourage our students to take part in subject-specific competitions relating to English, French, Mathematics and Science subjects.

Our external Sports programs are another way in which we see our students extend and challenge themselves. These include participation in state competitions and events such as All Schools Cross Country, Victorian School Netball Competition and Interschool Snowsports Championship.



Co-Curricular: Joigny

Our Co-Curricular program involves students from their first year in Prep. This program plays an important role in nurturing inquisitive and curious young minds in Joigny, enabling them to explore passions and discover new ones. Prep to Year 2 students are able to access a variety of activities beyond the classroom, such as Huff and Puff (morning physical activity), Chess Club, Lego Club, yoga, tennis lessons, Garden Gang and Bow Rock (stringed instrumental group).

In Years 3 and 4 we introduce House sport, Squad Training (swimming, diving, cross country running, athletics, after school sport), Poetry Club, French Club and Drama Club. The program expands further in Years 5 and 6 with the addition of music ensembles, Tournament of Minds, robotics and debating.

Co-Curricular: Senior School

Our students explore their passions and interests in Senior School, choosing from a rich variety of activities such as Sport, School Debating, Public Speaking, STEAM, Language Competitions and Performing Arts.

As a member of Girls Sport Victoria (GSV) – an interschool sporting association with 24 member schools across Melbourne - our students can choose from a wide range of sports, which allows them to grow and challenge themselves in a competitive environment.

Senior students at Sacré Cœur also have access to 16 music ensembles and choirs giving them opportunities for performance and artistic development.

We offer a diverse range of enriching activities that stimulate deep thinking such as the University of Melbourne Extension program, National Youth Science Forum, National Mathematics Summer School, Robotics and Coding Challenges.

Sacré Cœur | Learning Opportunities 21

Wellbeing

Our students' wellbeing is at the core of their personal endeavour and achievement. As such, it will always be our first priority.

A whole school approach

We are united in our commitment to providing a learning environment where our students feel connected, engaged and safe with an emphasis on positive peer and teacher relationships. This gives our students the best foundation to thrive academically and undertake their studies with rigour. It is through our whole school approach and supportive learning framework that we protect and nurture each student's intellectual, moral, social, emotional, physical and spiritual needs.

Wellness Program (Prep - Year 6)

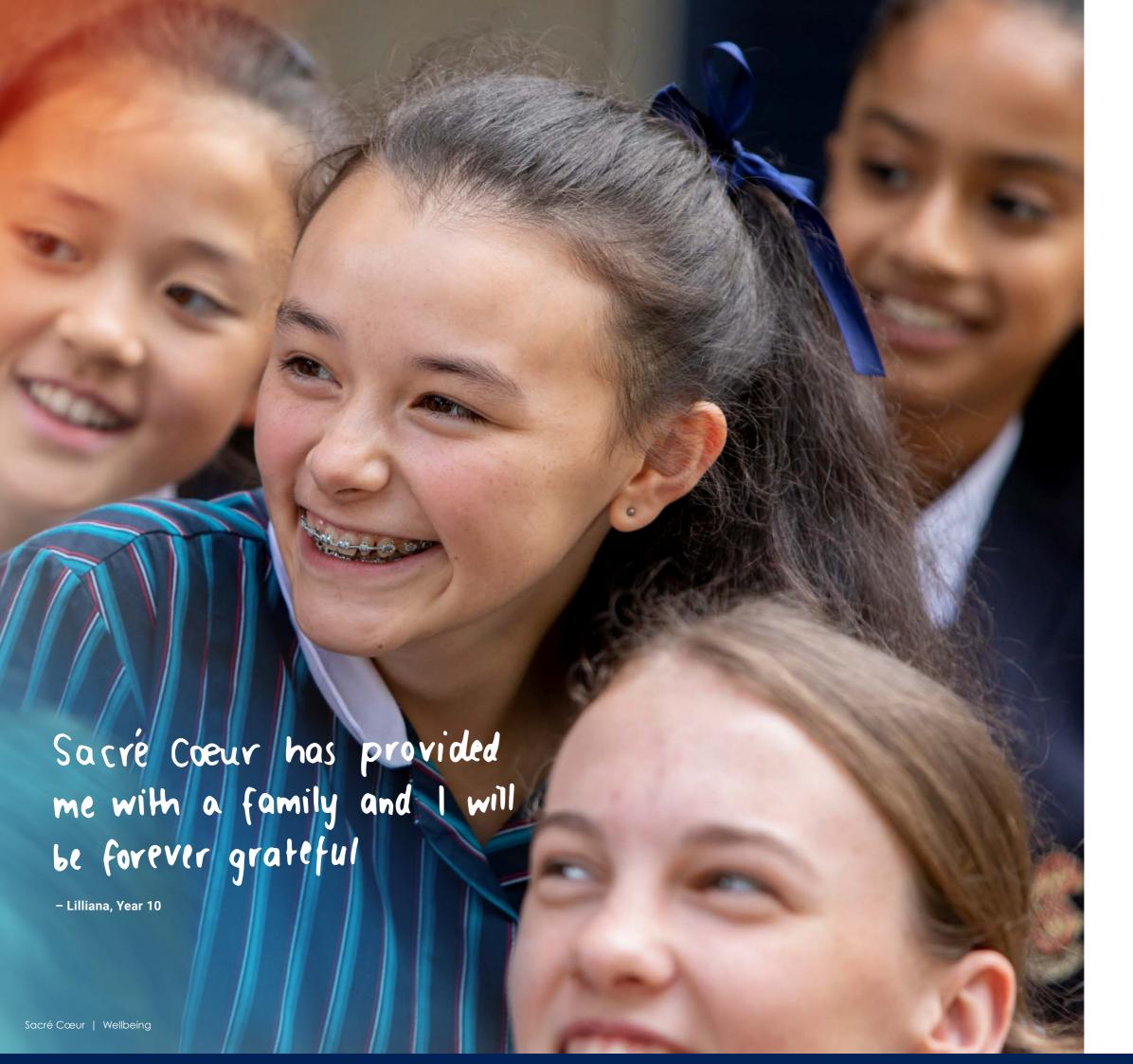
The Prep to Year 6 Wellness Program is integral to our focus on developing each child as a whole person. Designed to respond to the social, emotional and wellbeing needs of our students, the program aims to explicitly teach and strengthen skills and capacities so that students can manage life challenges and maintain healthy mental and physical wellbeing. The focus is to build resilience, empathy, mindfulness, gratitude and develop students' emotional intelligence. The program also builds on interpersonal skills by teaching social thinking, values education, cybersafety and citizenship, as well as human growth and development.

Pastoral Care Program - Cor Unum (Years 7 – 12)

Pastoral Care is fundamental to the Sacré Cœur curriculum and, as such, is included in the Senior School timetable through our Cor Unum Program (Pastoral Curriculum). We equip our young women with knowledge, skills and experiential learning so that they develop the ability to navigate the challenge of school life and learn how to cope with pertinent issues facing adolescents at their particular age of development.

The program, which is based on best practice and accredited wellbeing frameworks, reflects the Sacré Cœur way, Courage x Kindness, and is built on the 5 Ways to Wellbeing – Connect, Be Active, Take Notice, Keep Learning, Give.





Restorative Practices Program

At Sacré Cœur, we believe positive relationships lie at the heart of wellbeing and learning, enabling each student to experience a rich and rewarding life. Through Restorative Practices, we place relationships at the centre of student behaviour, and empower students to learn how to get along with others by forming positive, life-giving relationships and responding to and resolving conflict.

Compassion, forgiveness, respect, inclusivity and responsibility are key values that contribute to developing personal accountability and socially responsible relationships through Restorative Practices.

School Community Wellbeing

We also offer a vital parent program, with seminars and workshops that focus on wellbeing and positive relationships in the home. Our unique parent-daughter workshops allow families to strengthen bonds and encourage open communication. Guided by experts, these workshops are designed to support families at key transition times in their daughter's life.

Other initiatives designed to further support the wellbeing of our community include daily meditation and mindfulness study.

School Health Services

Our students also have access, every day, to a team of school based Psychologists and a Health Centre staffed by nurses.

Our Teachers

Our experienced teaching staff are not only experts in their subject areas, but they are inspiring mentors for our students. Their passion, knowledge and attention influence who and what our students become – not only as learners, but also personally.

Widely regarded as a school of choice for highly qualified teachers, Sacré Cœur prides itself on employing passionate teaching staff who bring out the best in our students.

Through a personalised care approach, our teaching staff understand the individual needs, motivations and learning styles of each and every student. It is our dedication to this approach and student wellbeing that empowers our young women to reach their full potential.

Our teachers' commitment extends well beyond the classroom, assisting with many Co-Curricular activities and freely giving their time to assist students requiring additional support. Their commitment to high academic standards is also evidenced in their expanded credentials, with many of our teachers experienced in curriculum development, writing and editing text books as well as setting and marking VCE examination papers as VCAA examiners.

Continuous learning for our teaching staff is something we take great pride in at Sacré Cœur. With a significant commitment to on-going professional learning, our staff also engage in cross-discipline collaboration, finding creative ways to keep learning alive in the minds of our students whilst applying the latest research and relevant trends.



Sacré Cœur | Our Teachers

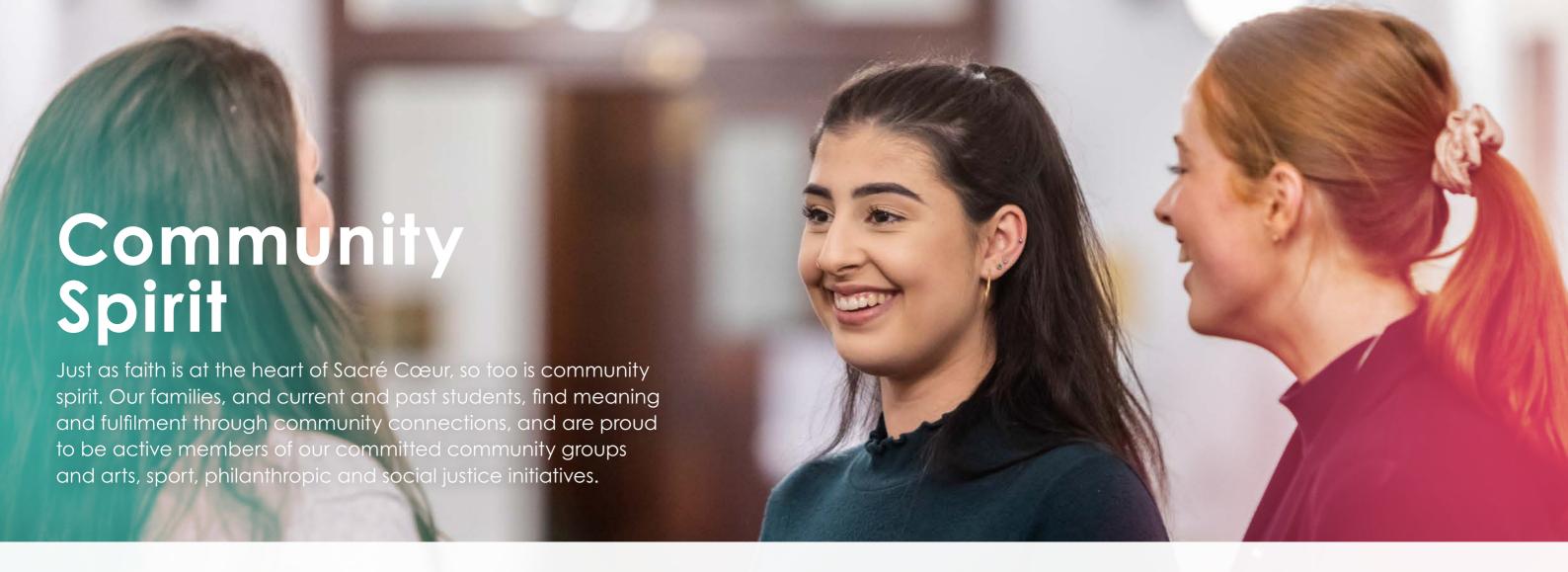


Connecting with other cultures enriches the spirits of our young women. They develop genuine empathy for others and a deep understanding of their own place in the world. When our young women join Sacré Cœur, they become part of a worldwide network of 150 Sacred Heart schools.

National and International Immersion Program

With a wide range of overseas travel opportunities, our global network enables our young women to pursue their passions and grow as global thinkers. Tours include language and cultural tours, NASA Space Camp, India and Philippines community development and cultural immersion, art, drama and sporting tours. These opportunities allow our students to experience, firsthand, other cultures and educational environments.

Through our Sacred Heart Schools Immersion Program, students in Years 8 and 9 can experience our sister school communities in Sydney, Brisbane and Auckland, Year 10 students can connect with our sister schools in Japan and VCE students can travel to Sacred Heart Schools in the United States, Canada and France.



The Sacré Cœur calendar is full of activities for all members of our community to enjoy, from annual events such as our Christmas Carols and Golf Day, to Community Choir, Friends of the Performing Arts and the Sacré Cœur Netball Club.

Community Council

Our Community Council members are proud to represent the interests and welfare of Sacré Cœur, working towards development of new initiatives and overseeing major community events and projects.

Sacré Cœur Foundation

Our community plays an important role in ensuring that the excellence and unique experience of a Sacred Heart education continues for future generations of young women. With a primary role in fundraising, the Sacré Cœur Foundation plays a vital role in making this possible, nurturing a strong belief in philanthropy along with compassion and care for the School community itself.

Parents' Association

As each young woman begins her journey at Sacré Cœur, each parent becomes a member of the Parents' Association, overseen by a dedicated team of parents who make up the executive committee. The Association provides a powerful voice for parents and the opportunity to be more involved with the School community on a social level.

Alumnae Association

The Sacré Cœur family grows every day, and each year a new group of alumnae departs Burke Road but not our community. Our Alumnae Association exists to enable closer contact between its members, maintain a spirit of loyalty to the School, develop meaningful professional networks and to assist with works of charity, in keeping with the goals and values of modern Sacré Cœur life. Regular reunions strengthen the bonds our alumnae shared as students.

Sacré Cœur Netball Club

The Sacré Cœur Netball Club (SCNC) provides a fun and supportive environment for girls at the School and alumnae to play netball. It is also a fantastic way to meet other parents as you cheer on your daughters. The Club was formed and is run by our dedicated parents. SCNC began in 2011 and is affiliated with the Waverley District Netball Association (WDNA). Teams compete on Saturday at netball courts in Ashwood.

Sophie's Farm

We are proud to assist our sister community, the RSCJ Mission, Sophie's Farm in the Philippines. Through fundraising and volunteering we support infrastructure projects, education programs, typhoon emergency assistance and the donation of clothing and toys. Each summer, graduating students volunteer at Sophie's Farm, providing welcomed assistance to the community. Through service to others the students live the values of Sacred Heart education and appreciate their place within our global community.

Sacré Cœur | Community Spirit

Sacré Coeur has shaped me inso the woman I am Loologe - Isobel, Sacré Cœur Alumna Sacré Cœur | Beyond Sacré Cœur

Beyond Sacré Cœur

Our young women take many different paths in life and we take pride in helping them achieve individual success beyond school. Whether that is a journey through higher education or the pursuit of other goals, the development of resilience and self-esteem throughout their schooling life is the key to shaping their world.

University enrolments

Success comes in countless forms at Sacré Cœur. We are especially proud of our history of academic excellence and outstanding VCE results, where overwhelmingly our students gain entry to the courses and universities of their choice.

Such results have led Sacré Cœur to become a leading Catholic School in Victoria for university enrolments. Government On Track data reveals our students as having the highest university retention rate of all Catholic schools in Victoria – an indication that they are truly lifelong learners.

Future Focus

As we build on a wealth of tradition, we also embrace innovation.

To cultivate the future leaders of tomorrow, our young women need an innovative environment that inspires them to dream big.

We continue to transform the educational landscape to create more inspiring and innovative learning environments, bringing our school into the future. A landmark infrastructure Master Plan is in progress to create spaces where learning is dynamic and innovative, meeting the ever-changing needs of education, individuals and society. This is just one element of our 2019 - 2022 Strategic Plan that sees our whole community strive for sustained educational excellence.



New Facilities For All

The physical environment continues to evolve, with developments to include a new state-of-the-art Resource, Science, Technology and Creative Arts Building due to be completed in early 2021. This is the first stage of our Master Plan.

This advanced new learning facility will be the innovative heart of our campus, providing leading-edge and dynamic indoor and outdoor learning spaces.

These spaces will work to bring together science, technology, engineering, creative arts, and mathematics in an environmentally sustainable setting.

It will also integrate a new junior and senior library, rooftop garden, breakout spaces and additional Joigny facilities, while retaining important connections to existing heritage buildings.

This exciting project is part of the first phase of the broader School Master Plan that underpins the evolution of our buildings and beautiful grounds into the future.



Find out more at **sac.vic.edu.au** or call **9835 2700** Sacré Cœur -172 Burke Road, Glen Iris